

# Table of Contents

1. Arthritis . . . . .	1
2. Behavior Management & Psychosocial Care . . . . .	13
3. Behavioral Health . . . . .	25
4. Bloodborne Pathogens . . . . .	37
5. Chronic Conditions . . . . .	53
6. Communication . . . . .	73
7. COVID-19: Guidelines for Home Health Prevention and Management . . . . .	85
8. Dementia and Alzheimer’s Care . . . . .	97
9. Depression and Anxiety . . . . .	109
10. Diabetes . . . . .	119
11. Dysphagia . . . . .	131
12. Elder Abuse and Neglect: Prevent, Recognize and Report . . . . .	143
13. Emergency Planning for Home Health . . . . .	153
14. End-of-Life Care . . . . .	161
15. Ethics . . . . .	171
16. Fraud, Waste and Abuse in Home Health Care: Recognizing, Preventing and Reporting . . . . .	183
17. Hand Hygiene . . . . .	197
18. Healthcare Literacy . . . . .	211
19. Heart Health and Disease . . . . .	221
20. HIPAA . . . . .	231
21. Home Health Care CAHPS . . . . .	243
22. Incontinence and Constipation . . . . .	257
23. Individualized Plan of Care . . . . .	271
24. Infection Control: Guidelines for Standard and Additional Precautions . . . . .	279
25. Kidney Disease . . . . .	289
26. LGBTQ Patients . . . . .	303
27. Lifting and Transferring Patients . . . . .	319

## Table of Contents

28. Malnutrition and Dehydration . . . . .	333
29. Medication Management and Reconciliation . . . . .	345
30. Multiple Sclerosis . . . . .	353
31. Musculoskeletal System . . . . .	367
32. Nutrition: Guidelines for Balanced Meals and Special Diets . . . . .	379
33. OASIS . . . . .	387
34. Ostomies and Ostomy Care . . . . .	403
35. Oxygen Therapy . . . . .	413
36. Pain Management . . . . .	423
37. Parkinson’s Disease . . . . .	433
38. Patient Complaints and Service Recovery . . . . .	445
39. Patient Education . . . . .	451
40. Patient Rights . . . . .	461
41. PDGM–Patient-Driven Groupings Model . . . . .	471
42. Personal Care . . . . .	481
43. Professionalism and Accountability . . . . .	491
44. Psychosocial Care . . . . .	505
45. Range of Motion and Positioning . . . . .	515
46. Readmissions: Preventing a Trip Back to the Hospital . . . . .	527
47. Respiratory Disorders . . . . .	541
48. Seizures and Strokes . . . . .	555
49. Skin Care: Guidelines for Ensuring Skin Integrity . . . . .	567
50. Social Isolation . . . . .	579
51. Social Media Safe Practices . . . . .	587
52. Telehealth and Telemedicine . . . . .	601
53. Traumatic Brain Injury . . . . .	611
54. Tube Feeding and Oral Care . . . . .	625
55. Urinary Catheter Care . . . . .	637
56. Vital Signs . . . . .	651
57. Zika . . . . .	663